## SHAC Agenda

## 03/26/2024

**Spinal/Acanthosis:** Competed with 2 referrals, Spinals are for 5<sup>th</sup> and 7<sup>th</sup> grade girls & 8<sup>th</sup> grade boys. We have one boy out for referral for a left shoulder drop and one girl both in 7<sup>th</sup> grade.

Acanthosis screening's are for 1<sup>st</sup>, 3<sup>rd</sup>, 5<sup>th</sup> and 7<sup>th</sup> graders. (Both boys and girls We had 4 sent out for referrals. One in 1<sup>st</sup>, 2 in 3<sup>rd</sup> and 1 in 5<sup>th</sup>.

Report will be sent in next week for both to the state.

Covid Guidelines: Discuss new procedures and guidelines from CDC Recommended fever free can return. If fever ran then 24 hours need to be waited with no reducing medicine. Committee voted to change current covid policy procedures to the same as CDC recommends.

**Hands only CPR-** Informed the committee this was completed for the seniors in the first semester due to the busy spring time. All seniors were present.

**Fitness Gram:** Coach sweeten has already given me the jr high/high school data. I have sent the forms to the boys coach and I am awaiting the data to input theirs. Coach sweeten and I discussed the 6 components of the fit-gram which are, Pacer/One mile, BM, Ourl up, Trunk Lift, push up, and shoulder stretch. In past years they were also getting the back saver and

after research we realized it was not necessary, so we voided that off of our data chart.

## Cafateria Update:

Mrs. Rhonda Bishop updated the committee with new approved items that will be available for alacart beginning this week. There will also be new appliances installed soon. They are getting a new over and tables for better preparation in the kitchen. A new tea machine was also purchased and a water line will need to be run to accommodate it.

**Bullying assembly:** Discussing with Texas Department of State Health Services still about coming. They had not responded to be for a while but I finally heard back this week. Hopefully we can have an assembly soon to educate students on both campuses.

## **Open Discussion:**

We discussed the possibility of bringing vaping information and education to the attention of our 6<sup>th</sup> graders as well for next year. That was approved.

The meeting was closed at 9:22am

The meeting members were:

Kristi Powers

**Cristy McRorey** 

Dottie DeLeon

Rhonda Bishop